

Dear fellow reader,

As believers, we often fall prey to the assumption that those who are busiest, are most spiritual. We look at the people in our churches who are involved and assume that they are the ones with the greatest measure of spiritual health. But do you think that is the measure God uses? Or does he have a different set of criteria by which He judges spiritual health? This short but powerful book examines the Bible's teaching on this matter.

*Ten Questions To Diagnose Your Spiritual Health*, presents the reader with ten criteria that can point towards spiritual health. The theme that flows throughout the book, is this: is your character becoming more like Christ's? Here are the ten questions you will face:

1. Do you thirst for God?
2. Are you governed increasingly by God's Word?
3. Are you more loving?
4. Are you more sensitive to God's presence?
5. Do you have a growing concern for the spiritual and temporal needs of others?
6. Do you delight in the bride of Christ?
7. Are the spiritual disciplines increasingly important to you?
8. Do you still grieve over sin?
9. Are you a quicker forgiver?
10. Do you yearn for heaven and to be with Jesus?

Each of the questions is approached and evaluated in the light of Scripture. Far from being yet another self-help or an easy-answer, ten-step book, this one is deep and penetrating. Reading this book and meditating on the questions will be sure to move you towards a deeper relationship with Jesus.

Sincerely, your brother,

Bookworm